



Tunturi Sissy Squat Knee Bend Trainer WT20 (17TSWT2000)



Tunturi Sissy Squat Knee Bend Trainer - with the Tunturi Sissy Squat Trainer WT20 knee bends can be trained eccentrically, so that the thigh musculature as well as the gluteal musculature can be loaded isolated.

CHF 229.00

In the beginning, the Sissy Squat Trainer WT20 can only be used with your own body weight for the workouts. Later, however, you can also increase by additional weights such as weight plates or kettlebells.

The Tunturi Sissy Squat Trainer WT20 can also be used as a very stable push-up trainer because of the transport handles. By means of these handles and the integrated wheels the Sissy Squat Trainer WT20 is very easy to move and completely mobile.

This Sissy Squat Trainer can be adjusted horizontally as well as vertically and due to the good padding and the stable construction the training feeling is always comfortable and safe.

- leg rolls 4-fold horizontally adjustable
- calf padding 3-fold vertically adjustable
- foot plate with grooved surface for a better grip
- push-up aids
- transport handle
- transport wheels
- dimensions: L103 x W59 x H37cm
- weight 15kg