



## Sponser Long Energy Competition Formula 1200g can



LONG ENERGY by SPONSER supports long-term endurance thanks to a high proportion of long-chain, complex carbohydrates. The carbohydrates stabilise the blood sugar level, prevent performance slumps and the endurance performance is thus maintained/improved.

CHF 47.00

- Acid-free sports drink with Multi Carb Formula
- Ideal for all-in-one sports drink for long term endurance training
- Glucose:Fructose ratio 2:1
- With rapidly available protein hydrolysates
- Mild flavouring, good tolerance
- Contains all important vitamins and minerals

LONG ENERGY is based on 6 different carbohydrates, including VITARGOreg<sup>®</sup>, a patented barley starch hydrolysate with a molecular weight around 100x higher than maltodextrin. This results in a low osmolality and serves to replenish the depleted glycogen stores. In addition to the 5 main electrolytes (sodium, chloride, potassium, magnesium, calcium) to compensate for sweat losses, it also contains protein that promotes regeneration as well as zinc and chromium. Zinc contributes to a normal carbohydrate metabolism, and chromium to the maintenance of a normal blood sugar level.

As a mildly flavoured, acid-free and hypotonic sports drink, it is very well tolerated. Due to the addition of hydrolyzed protein, the muscle's own amino acids can be preserved during performance, which supports regeneration already during exercise.

The powder contains only natural flavors, is free of gluten, lactose and free fructose.

### Tip:

In case of very high energy requirements, the concentration can be increased up to 120 g powder per liter.

In addition, the LONG ENERGY powder (Berry) can be prepared with half the amount of water and can also replace a regeneration drink, making it an ideal 2-in-1 product for use on trips, for example.



**Ingredients:**

dextrose, maltodextrin, gluten-free barley starch hydrolisate (VITARGOOgrave:) 15%, rice starch hydrolisate, sucrose, fructose, isomaltulose\*, trehalose\*\*, protein hydrolisates 6.3% (whey, casein), minerals (sodium citrate, sodium chloride, magnesium citrate, potassium citrate, calcium lactate), flavors, 10 vitamins (ascorbic acid, nicotinic acid amide, alpha-tocopheryl acetate, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, folic acid, biotin, cyanocobalamin). \*Source of glucose and fructose \*\*Source of glucose

Flavour: Berry (with 10% protein), Citrus, Fruit Mix (with 5% protein)

Packaging unit: 1200g tin

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Content: 1200g