



Sponser Magnesium Plus 20 x 6.5g

An adequate supply of magnesium helps prevent muscle tension and increases stress tolerance.



CHF 18.50

Magnesium plays a crucial role in muscle contraction as well as in energy metabolism and is particularly important for the increased needs of athletes and active people of all ages. An adequate supply of magnesium can prevent muscle tension and increases stress tolerance. Physical performance and high sweat losses increase the magnesium requirement and justify supplementation.

Fructo-oligosaccharides are soluble dietary fibers that strengthen the body's defenses and promote digestion and magnesium absorption. Magnesium plays a crucial role in muscle contraction as well as in energy metabolism and is particularly important for the increased needs of athletes and active people of all ages. An adequate supply of magnesium can prevent muscle tension and increases stress tolerance. Physical performance and high sweat losses increase the magnesium requirement and justify supplementation.

Fructo-oligosaccharides are soluble dietary fibers that strengthen the immune system and promote digestion and magnesium absorption.

Packaging unit: 20 sachets à 6.5g

Content: 130g