



## Hammer Sport Treadmill Q.Vadis 10.0 (5163)



HAMMER Q.Vadis 10.0 - the high-tech treadmill for demanding endurance runners. The Q.Vadis 10.0 offers a 15.6 inch color TFT touch screen with Bluetooth and WLAN function. With pre-installed live routes and with innovative fitness apps such as ZWIFT and Kinomap (Kinomap is already pre-installed in the computer), varied training options are offered.

CHF 2'490.00

### Console with color TFT touch display

The treadmill console is used to control the running speed and incline via the various quick selection buttons. Directly on the console, a tablet holder provides space for a mobile device. With the computer keys one has immediate access to all important training settings. One controls with the individual buttons, among others, the training start/stop, the incline and the speed. The Bluetooth-enabled computer is quickly connected to the tablet or smartphone and pre-installed apps (Chrome - ZWIFT and Kinomap compatible) thus enhance the running experience. The computer has a WLAN function for even more variety! The treadmill can be connected to a hotspot or the home network for using the various fitness apps and for internet access.

### Live track experience with 6 pre-installed tours or with Kinomap and ZWIFT

Get off the sofa and onto the treadmill! The best way to do this is virtually with running tours in the mountains or on the beach in the "live experience". You can use the pre-installed tours on the Q.Vadis 10.0 treadmill. Alternatively, the APP ZWIFT is installed on the tablet. Simply and quickly connect via Bluetooth with the treadmill computer. With ZWIFT you run through fascinating virtual worlds and with a global running community. Train together and sprint to new heights with other sports enthusiasts from around the world. The Kinomap app is already preinstalled on the treadmill's computer. Kinomap can therefore also be experienced via the screen on the treadmill. Kinomap automatically adjusts the resistance in real time to the gradient of the distance currently being run. When going uphill, the resistance is automatically increased, when going downhill, it is automatically decreased. The running speed automatically adjusts in real time to the user's current speed. The speed increases for sprints and decreases for slow runs. The integrated USB port automatically charges the smartphone or tablet during the running workout. Music and movies can be played via USB sticks. The integrated speakers also provide an acoustic running experience.

**The running surface to take off**

The large running surface convinces with a dimension of 152 x 51cm. With the stable construction, runners with a body weight of up to 150 kg can enjoy an authentic running experience. In addition, the treadmill surface of the Q.Vadis 10.0 has grip for intense sprints. A running feeling like on a forest floor. The vibration-damped Super Soft treadmill surface and the joint-gentle 6-point damping system give a realistic running feeling like on a forest floor. Even longer workouts are comfortably managed with the innovative treadmill technology.

**World-class folding system**

The revolutionary folding system still offers enough space for a comfortable living feeling in a tight living space. With the innovative and revolutionary folding function of the Q.VADIS 10.0, you can easily lock the running surface in a completely vertical position after your workout and safely move your treadmill around the room with the transport wheels

**Features:**

- 3hp continuous power motor
- Incline electronically adjustable 0-12% in 1% increments - due to the unique design of the Q.Vadis 10, when you set an incline, the entire structure moves up and thus the display automatically adjusts to any desired incline angle.
- Speed electronically adjustable from 0.3-22km/h
- Foldable (vertical folding function)
- Running surface 152 x 51cm
- Ascent height 16cm
- vibration damped Super Soft treadmill surface with 6-point damping system
- 15.6" TFT touch display showing distance, speed, heart rate, calories burned, incline, resistance level, time
- 30 preset training programs
- 12 user programs
- Heart rate program
- Upper pulse limit adjustable
- Live track experience with 6 pre-installed tours
- Kinomap APP\* - compatible - the Kinomap APP is already pre-installed on the treadmill's computer and makes training a motivating, interactive training experience, whether alone or in competition mode. Over 170,000 varied route kilometers for the various sports have already been uploaded by users - Kinomap automatically adjusts the resistance in real time to the gradient of the route currently being run. When going uphill, the resistance is automatically increased, when going downhill, it is automatically decreased. The running speed automatically adjusts in real time to the current speed of the exerciser. For sprints, the speed increases, for slow runs, the speed decreases.
- compatible with ZWIFT - with ZWIFT you run through fascinating virtual worlds and with a global running community. Train together and sprint to new heights with other sports enthusiasts from around the world.
- Quick-dial buttons - directly change speed from 4, 5, 6, 8 and 10km/h and incline from 3%, 6% and 9%.
- USB charging function
- Bluetooth and WLAN function
- hand pulse sensors
- integrated loudspeakers



- belt stop safety key
- 4 transport wheels for upright transport
- height compensation
- water bottle holder
- Smart-Device holder for tablet or smartphone storage
- recommended guide price CHF 2'899.--

Use: home use, payload: approx. 150kg

Unit dimensions: L181 x W83 x H143cm, folding dimensions: L74 x W83 x H170cm, weight 97kg

Accessories: integrated receiver for chest strap transmitter (5khz), hand pulse sensors

Options: Transmitter belt, floor protection mat

Warranty: 2 years full warranty, 3 years on spare parts

### **Kinomap APP\***

The Kinomap APP turns workouts into a motivating, interactive training experience. The APP provides videos for cross trainer, ergometer, treadmill and rowing machine. Via Bluetooth, the Kinomap APP is connected to the training device. Pick a route and ride, run or row as if you were there yourself. The progress of the route can be tracked on the map. Since the videos are geocoded, the APP also adjusts the resistance (on selected models) to the terrain profile of the training route.

Train more than 170'000km alone or in competition with others - the Kinomap videos are uploaded by users. There are already more than 170'000 varied track kilometers available for the different sports. All videos are marked with location data, so you can not only watch the video, but also see on the map where you are and what the terrain profile looks like. The app also displays the most important training data during the workout, so you can keep an eye on your performance while running through Central Park, for example. The multiplayer sessions are also particularly challenging, where you can participate in public races or arrange to meet friends for a little race. Kinomap is available in a free basic version on both Google Play and the AppStore. There are different license models for the full version.

Engine power: 3HP continuous duty motor

Speed: 0.3-22km/h in 0.1km/h steps

Tread: 152 x 51 cm

Gradient: 0-12% in 1% steps

Training computer: 15.6" TFT Touch Display

Displayed values: Distance, speed, heart rate, calories burned, incline, resistance level, time

Training programs: 30

Pulse-controlled programs: 1

User-defined programs: keine

Hand pulse sensors: Yes

Pulse receiver: 5khz

Multimedia: Virtual tracks, Kinomap, Zwift, Bluetooth interface, WiFi compatible, ingerated speakers, tablet holder, USB charging function.

Foldable: Yes

Accessories: integrated receiver for chest strap transmitter (5khz), hand pulse sensors, bottle holder

Options: Transmitter belt, floor protection mat

Folding dimensions (length / width / height): L 74 x W 83 x H 170cm

Dimensions (length / width / height): L 181 x W 83 x H 143cm

**The Shark  
Fitness Company**



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Device weight: 97kg

Payload: 150 kg

Insert: Home

Warranty: 2 years full warranty, 3 years on spare parts