

## Bodycraft Xpress Pro Multistation II with leg press



This innovative strength training station has created a whole new category of home gyms as it was the very first multistation to incorporate adjustable cable arms. This revolutionary feature enables hundreds of new exercises for dumbbell training, functional training, core training, sport-specific exercises and rehabilitation exercises. This feature has been copied by nearly every home fitness provider in the industry. The XPress Pro with leg press is the original: copied, but not duplicated!

CHF 2'980.00

## **Equipment:**

- Bench press lever with adjustment of the movement angle for pushing and pulling exercises (bench press, incline bench press, shoulder press or rowing)
- Leg extension (seated) and leg curl (standing)
- upper and middle pulley for a variety of upper body exercises (lat pulldown), abdominal crunch
- patented, 11-way adjustable butterfly arms turn the BodyCraft X-Press Pro II into an innovative cable pulley station that enables sport-specific exercises or exercises for rehabilitation training
- lower cable pulley with foot plate for a variety of exercises for abduction, adduction, hips, glutes, calves, biceps, back (rowing)
- Includes leg press with up to 180 kg resistance (ratio 1:2)
- Resistance doubling (ratio 1:2) for bench press lever with up to 180 kg resistance through simple re-coupling using the quick-hook system
- Gas pressure-assisted seat height adjustment for easy adaptation to all body sizes
- horizontally and incline-adjustable backrest the backrest pad can be tilted to ensure full support during incline and shoulder presses
- ergonomically designed backrest this adjusts from front to back and automatically "cradles" the
  user for full support. Double layer back pad designed to provide full lumbar support while
  reducing strain on the spine
- space-saving design can be placed against the wall
- ergonomic handles
- sealed, internally lubricated bearings at pivot points for exceptional consistent performance
- 90kg weight block



## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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- protective cover for weight magazine
- Color: Diamond grey
- · Assembly instructions in English

• Target price CHF 3'790.--

Application: Home use, payload: approx. 160kg

Equipment dimensions: L210 (with leg press L217) x W144 (with leg press B230) x H211cm, weight

170kg

Accessories: Leg press with up to 180kg resistance (ratio 2:1)Lat bar, tricep handle, foot strap,

abdominal pulldown section, chain

Warranty: 2 years on labor and spare parts (excluding consumables, transport and installation)