



BenchK wall bars 100, light beech



The wall bars is a functional, safe and good-looking device with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

CHF 479.00

Wooden wall bars BenchK 100 is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 120kg. The BenchK 100 wall bars will help improve the physical development of parents and can be an aid in getting children involved in sports. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility. Joint exercises of adults and children on the ladder are also a good idea to spend time with the family.

The following options fit the BenchK wall bars 100:

- pull-up bar (removable) (PB204)
- Desk top (BT204) - beech wood desk top for the pull-up bar creates a stylish and functional desk for a child or an adult
- Gymnastics accessories (gymnastics rings and rocking board) (A204) - accessories are suitable not only for children, but are also a useful addition to the execution of exercises for adults.

Design: material made of beech wood (oiled by hand with natural oil)

color: light beech wood

maximum user weight: 120kg



dimensions: W64cm x H220 x D10cm (without fittings)

number of rungs: 8

distances between rungs 23,5cm

rung diameter: oval rungs 3x4cm

Minimum room height for installation: 230cm

Mounting: on the wall

Weight: 14kg

Maximum user weight: 120kg

Warranty: 2 years for home use

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and responsibility for the method of mounting the wall bars is the buyer. Mounting material (screws/dowels) is not included in the delivery.

The wall bars are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.