



Powerline Lat-/Rudder Pull Attachment for Discs to Half Rack PPR500 (PLA500)



Transform the Powerline Half Rack into a more complete gym with the PLA500 Half Rack Lat/Row Attachment. This optional attachment for the Powerline PPR500 Half Rack features high and low pulley access without changing cables. With the PLA500, users can perform lat pulls, rows, biceps curls, shrugs and many more exercises in the comfort and stability of their Half Rack. Aircraft-grade nylon-coated cables ensure durability and safety during heavy use. No cable change design makes it easy to swap out handles for virtually unlimited workout versatility.

CHF 499.00

Equipment:

- Lat/rower pull station for target support
- only **compatible with Powerline PPR500**
- with aircraft quality nylon coated cables (2200lb. test)
- the plate-load sled of this lat attachment has weight bars with a diameter of 50mm
- lat bar and low row bar included

use: home use, payload: approx. 200kg

Accessories: short bar, lat bar

options: 51mm discs

Equipment dimensions (attached to Half Rack PPR500): L179,6 x W129,3 x H210,8cm, weight 31kg
Warranty: 2 years on labor and spare parts (excluding consumables)

**The Shark
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