



Powerline Lat-/Rudder Pull Attachment for Discs to Power Rack PPR1000 (PLA1000)



Transform the Powerline Power Rack into a more complete gym with the PLA1000 Lat/Row Attachment. This optional attachment for the Powerline PPR1000 Power Rack features high and low pulley access without changing cables. With the PLA1000, users can perform lat pulls, rows, biceps curls, shrugs and many more exercises in the comfort and stability of their half rack. Aircraft-grade nylon-coated cables ensure durability and safety during heavy use. No cable change design makes it easy to swap out handles for virtually unlimited workout versatility.

CHF 399.00

Equipment:

- Lat/rower pull station for target support
- only **compatible with Powerline PPR1000**
- with aircraft quality nylon coated cables (2200lb. test)
- the plate-load sled of this lat attachment has weight bars with a diameter of 50mm
- includes lat bar and low row bar
- *cannot be used in combination with Powerline Multi Chin Up for PPR500/PPR1000*

Use: home use, payload: approx. 200kg

Accessories: short bar, lat bar

options: discs 51mm

Unit dimensions (attached to Power Rack PPR1000): L165 x W129,5 x H210,8cm, weight 31kg

Warranty: 2 years on labor and spare parts (excluding consumables)

**The Shark
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