

## Powerline T-Bar Row to Rack PPR500/PPR1000 (PPRTB)



Compatible with the PPR1000 Power Rack or PPR500 Half Rack, the PPRTB T-Bar Row Attachment (also called the Landmine Attachment) offers a world of training possibilities. The PPRTB easily attaches via pull-pin to an existing power or half rack and allows users to add new and challenging Olympic bar movements; including T-bar rowing, shoulder presses, squats and presses, lunges, trunk twists and more.

CHF 49.00

- optional T-Bar Row mount for Power PPR1000 and Half Rack PPR500
- easy pull pin mounting
- ideal for T-bar rowing, shoulder presses, squats and presses, lunges, torso twists and more
- also called landmine attachment
- device dimensions: L30 x W6.6 x H6.6 cm
- Product weight: 1.2kg