



## BenchK wall bars 221W+A204, metal white/light beech



**The wall bars set 221W+A204 includes the BenchK wall bars 200W including the pull-up bar PB2W and the gymnastics accessory A204** - the wall bars is a functional, safe and good-looking device with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

**CHF 879.00**

The wall bars BenchK 221W+A204 set includes the BenchK wall bars 200W including the BenchK pull-up bar PB2W and the gymnastics accessory A204.

The wall bars BenchK 200W is a sturdy construction. The rungs are made of beech wood and the side rails are made of metal. The wall bars is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 150kg. The wall bars BenchK 200W will help to improve physical development. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility.

The PB2W metal pull-up bar is permanently mounted on the wall bars and is not removable. The pull-up option allows you to perform exercises on different muscle groups. The pull-up bar is equipped with six non-slip handles with polyurethane coating for easy exercises. Additional supports are made of 4mm thick metal. The main construction consists of a rectangular profile 50 x 40mm and a tube fi 27,2mm



(wall thickness 2mm). All metal parts are powder coated. The precision of workmanship and ideal shapes are achieved by using modern welding and laser cutting technologies.

Gymnastics accessories (gymnastic rings and swing board) (A204) - the accessories are suitable not only for children, but are also a useful addition to the execution of exercises for adults. The gymnastic rings are made of natural plywood. The belt length of the gymnastic rings is 210cm and they are 2,5cm wide. The belts are manually tied to the upper part in the form of loops and secured at the very bottom. Metal and plastic elements are not necessary. The belts contain a clamp that ensures strength, safety and quick adjustment of the height. A round wooden swing with the diameter of 30cm is supplied with a cotton rope.

**Wall bars BenchK 200W:**

Finish: beech wood rungs (oiled by hand with natural oil), metal side bars

Color: light beech wood, metal in white matt

Dimensions: W67cm x H230 x D15cm (without fittings)

Number of rungs: 8

Spacing between rungs 23.5cm

Rung diameter: oval rungs 3x4cm

Minimum room height for installation: 240cm

Mounting: to the wall

Weight: 18kg

Maximum user weight: 150kg

Warranty: 2 years for home use

**Pull-up bar BenchK PB2W:**

Finish: metal in white color finish

Handles: polyurethane

Length: 116.4cm

Mounting: fixed to the wall bars

Weight: 7kg

Maximum user weight: 150kg

Warranty: 2 years for home use

**Gymnastics accessories BenchK A204:**

Design gymnastic rings: material made of plywood

Swing board light: material made of beech wood

Color: light beech wood (A204)

Gymnastic rings: Belt width 2,5cm, belt length 210cm, belt color black, outer diameter of rings 15,5cm, thickness of rings 1,7cm, belts contain a clamp that ensures strength, safety and quick adjustment of height (clamp from professional mountaineering)

Swing board: wooden board with diameter 30cm, cotton rope

Fastening: On the wall bars, pull-up bar

Weight: 2kg

Maximum user weight: 80kg

Warranty: 2 years for home use

Important: Before use, check that the harness lock is properly closed

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and responsibility for the mounting method of the wall bars lies with the buyer. Mounting material

**The Shark  
Fitness Company**



**Shark Fitness AG**  
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(screws/dowels) is not included in the delivery.

The wall bars, pull-up bar and gymnastic accessories are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.