



BenchK wall bars 211W+A204, metal white/light beech



The wall bars set 211W+A204 includes the BenchK wall bars 200W including the pull-up bar PB204 and the gymnastics accessory A204 - the wall bars is a functional, safe and good-looking device with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

CHF 819.00

The wall bars BenchK 211W+A204 set includes the BenchK wall bars 200W including the BenchK pull-up bar PB204 and the gymnastics accessories A204.

The wall bars BenchK 200W is a sturdy construction. The rungs are made of beech wood and the side rails are made of metal. The wall bars is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 150kg. The wall bars BenchK 200W will help to improve physical development. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility.

The PB204 removable wooden pull-up bar can be mounted at different heights and allows you to perform exercises on different muscle groups. The wooden pull-up bar can be removed if necessary. Well-designed suspension provides a secure hold when the situation requires it. It can be easily moved or hung in a different position. The design of the pull-up bar is well thought out and takes into account all



the characteristics of the user and the exercises that will be performed with this piece of sports equipment. All elements do not have sharp edges or protruding parts, so they are well suited for children. The natural materials used do not cause allergic reactions.

Gymnastics accessories (gymnastic rings and swing board) (A204) - the accessories are suitable not only for children, but are also a useful addition to the execution of exercises for adults. The gymnastic rings are made of natural plywood. The belt length of the gymnastic rings is 210cm and they are 2,5cm wide. The belts are manually tied to the upper part in the form of loops and secured at the very bottom. Metal and plastic elements are not necessary. The belts contain a clamp that ensures strength, safety and quick adjustment of the height. A round wooden swing with the diameter of 30cm is supplied with a cotton rope.

Wall bars BenchK 200W:

Finish: beech wood rungs (oiled by hand with natural oil), metal side bars

Color: light beech wood, metal in white matt

Dimensions: W67cm x H230 x D15cm (without fittings)

Number of rungs: 8

Spacing between rungs 23.5cm

Rung diameter: oval rungs 3x4cm

Minimum room height for installation: 240cm

Mounting: to the wall

Weight: 18kg

Maximum user weight: 150kg

Warranty: 2 years for home use

Pull-up bar BenchK PB204:

Design: pull-up bar light: material made of beech wood

Color: light beech wood (PB204)

Dimensions: W65.2cm x H41 x max. D58,4cm

Mounting: on the wall bars (removable)

Weight: 6kg

Maximum user weight: 120kg

Warranty: 2 years for home use

Gymnastics accessories BenchK A204:

Design gymnastic rings: material made of plywood

Swing board light: material made of beech wood

Color: light beech wood (A204)

Gymnastic rings: Belt width 2,5cm, belt length 210cm, belt color black, outer diameter of rings 15,5cm, thickness of rings 1,7cm, belts contain a clamp that ensures strength, safety and quick adjustment of height (clamp from professional mountaineering)

Rocking board: Wooden board with diameter 30cm, cotton rope

Mounting: on the wall bars, pull-up bar

Weight: 2kg

Maximum user weight: 80kg

Warranty: 2 years for home use

Important: Before use, check that the strap lock is closed correctly

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and



responsibility for the mounting method of the wall bars lies with the buyer. Mounting material (screws/dowels) is not included in the delivery.

The wall bars, pull-up bar and gymnastic accessories are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.