

## BenchK Wall bars 731W, metal white/ beech light



The wall bars set 731W includes the BenchK wall bars 700W including the pull-up bar/barbell rack PB3W - the wall bars is a functional, safe and good-looking device with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

CHF 890.00

The BenchK 732W set includes the BenchK 700W wall bars including the BenchK PB3W pull-up bar/barbell rack.

The BenchK 700W wall bars is a sturdy construction. The rungs are made of beech wood and the side rails are made of metal. The wall bars is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 150kg. The wall bars BenchK 700W will help to improve physical development. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility.

BenchK PB3W made of metal can be used as a pull-up bar or also as a rack for barbell bars. The pull-up bar allows you to perform exercises on different muscle groups. The pull-up bar is equipped with six non-slip handles with polyurethane coating for easy exercises. The dumbbell rack can be used with the inclusion of a bench for various barbell exercises such as bench press, incline bench press or even biceps training with a curl bar. The pull-up bar and barbell rack is removable and can be set at different

## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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heights. Adults and teenagers can exercise on the same wall bars, thanks to the easy removal of the pull-up bar and its change to the appropriate height. The profile construction is 40 x 50mm with a metal thickness of 2mm and a tube diameter of 27.2mm.

## Wall bars BenchK 700W:

Construction: rungs made of beech wood (oiled by hand with natural oil), side bars made of metal

Color: light beech wood, metal in white matt

Dimensions: W67cm x H240 x D15cm (without fittings)

Number of rungs: 9

Spacing between rungs 23.5cm Rung diameter: oval rungs 3x4cm

Minimum room height for installation: 250cm

Mounting: to the wall

Weight: 20kg

Maximum user weight: 150kg Warranty: 2 years for home use

## Pull-up bar BenchK PB3W:

Finish: metal in white color finish

Handles: polyurethane Length: 116,5cm

Mounting: on the wall bars (removable / reversible to barbell rack)

Weight: 11kg

Maximum user weight: 200kg Warranty: 2 years for home use

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and responsibility for the method of installation of the wall bars lies with the buyer. Mounting material (screws/dowels) is not included in the delivery.

The wall bars and pull-up bar are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.