



BenchK Wall bars 732B, metal black/ beech dark



The wall bars set 732B includes the BenchK wall bars 700B including the pull-up bar/barbell rack PB3B and the dip rack DB1B - the wall bars is a functional, safe and good-looking piece of equipment with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

CHF 1'359.00

The BenchK 712B set includes the BenchK 700B wall bars including the BenchK PB3B pull-up bar/barbell rack and the DB1B dip rack.

BenchK 700B wall bars is a sturdy construction. The rungs are made of beech wood and the side rails are made of metal. The wall bars is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 150kg. The BenchK 700B wall bars will help to improve physical development. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility.

BenchK PB3B made of metal can be used as a pull-up bar or also as a rack for barbell bars. The pull-up bar allows you to perform exercises on different muscle groups. The pull-up bar is equipped with six non-slip handles with polyurethane coating for easy exercises. The dumbbell rack can be used with the inclusion of a bench for various barbell exercises such as bench press, incline bench press or even



biceps training with a curl bar. The pull-up bar and barbell rack is removable and can be set at different heights. Adults and teenagers can exercise on the same wall bars, thanks to the easy removal of the pull-up bar and its change to the appropriate height. The profile construction is 40 x 50mm with a metal thickness of 2mm and a tube diameter of 27.2mm.

The BenchK Dip Bar DB1B with back pad can be hooked directly and easily to the rungs of any BenchK wall bars thanks to the four hooks padded by felt. The height of the dip bar can be individually hooked for the convenience of each user. The arm rests and back pad are made entirely of high quality polyurethane (PU) foam, which ensures a durable, resilient and easy-to-clean finish and allows for comfortable exercise performance. BenchK's Dip Bar has a sturdy construction with a profile of 50x40mm and a thickness of 2mm. The four handles are non-slip and highly comfortable to hold.

BenchK 700B Dip Bar:

Construction: rungs made of dark beech wood (rungs are made of wood lithium beech and are not varnished, but hand-oiled with two layers of an organic German oil, which is based on linseed oil), side rails made of metal

Color: dark beech wood, metal in black

Dimensions: W67cm x H240 x D15cm (without fittings)

Number of rungs: 9

Spacing between rungs 23.5cm

Rung diameter: oval rungs 3x4cm

Minimum room height for installation: 250cm

Mounting: on the wall

Weight: 20kg

Maximum user weight: 150kg

Warranty: 2 years for home use

Pull-up bar BenchK PB3B:

Finish: metal in black color finish

Handles: polyurethane

Length: 116.5cm

Attachment: to wall bars (removable/reversible to barbell rack)

Weight: 11kg

Maximum user weight: 200kg

Warranty: 2 years for home use

Dip station DB1B

Finish: metal in black color finish

Padding: made of high quality polyurethane (PU) foam

Padding color: black

Dip handle spacing: approx. 51cm

Mounting: on the wall bars

Weight: 11kg

Maximum user weight: 150kg

Warranty: 2 years for home use

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and responsibility for the method of installation of the wall bars lies with the buyer. Mounting material (screws/dowels) is not included in the delivery.

**The Shark
Fitness Company**



Shark Fitness AG
Stores in Wettingen (ZH)
and Wil (SG)

056 427 02 25
info@sharkfitness.ch
www.sharkfitness.ch

The wall bars and pull-up bar are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.