



## BenchK wall bars 733B, metal black/ beech dark



**The wall bars set 733B includes the BenchK wall bars 700B including the pull-up bar/barbell rack PB3B, the dip rack DB1B and the training bench B1B** - the wall bars is a functional, safe and good-looking piece of equipment with a small footprint on which stretching, strengthening, corrective exercises or a complete workout can be performed. The possibilities for both adults and children are endless. For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. BenchK's wall bars and pull-up bars convince with quality and functionality and meet all safety standards. Whether in the home, in physiotherapies, in hotels or in professional gyms, BenchK's wall bars are designed to serve not only as a functional piece of exercise equipment, but also as a beautiful piece of furniture.

**CHF 1'990.00**

The BenchK 733B wall bars set includes the BenchK 700B wall bars including the BenchK PB3B pull-up bar/barbell rack, the DB1B dip rack and the B1B training bench.

BenchK 700B wall bars is a sturdy construction. The rungs are made of beech wood and the side bars are made of metal. The wall bars is an attractive piece of sports furniture for the whole family and fits seamlessly into the living room. It can be used by any user, regardless of age and physical fitness, up to a weight of 150kg. The BenchK 700B wall bars will help to improve physical development. Regular exercises on the wall bars contribute to the development of various muscle groups, spine and joint mobility.

BenchK PB3B made of metal can be used as a pull-up bar or also as a rack for barbell bars. The pull-up bar allows you to perform exercises on different muscle groups. The pull-up bar is equipped with six non-slip handles with polyurethane coating for easy exercises. The dumbbell rack can be used with the inclusion of a bench for various barbell exercises such as bench press, incline bench press or even



biceps training with a curl bar. The pull-up bar and barbell rack is removable and can be set at different heights. Adults and teenagers can exercise on the same wall bars, thanks to the easy removal of the pull-up bar and its change to the appropriate height. The profile construction is 40 x 50mm with a metal thickness of 2mm and a tube diameter of 27.2mm.

The BenchK Dip Bar DB1B with back pad can be hooked directly and easily to the rungs of any BenchK wall bars thanks to the four hooks padded by felt. The height of the dip bar can be individually hooked for the convenience of each user. The arm rests and back pad are made entirely of high quality polyurethane (PU) foam, which ensures a durable, resilient and easy-to-clean finish and allows for comfortable exercise performance. BenchK's Dip Bar has a sturdy construction with a profile of 50x40mm and a thickness of 2mm. The four handles are non-slip and highly comfortable to hold.

BenchK's B1B reversible training bench is equipped with an extra seat and four extra support rollers for the legs. The BenchK training bench can be directly and easily hooked to the rungs of any BenchK wall bars from flat to inclined. It can be used as an abdominal bench as well as a weight bench. The workout bench is available in black or white frame colors. The inclination of BenchK's workout bench can be individually hooked in height for the convenience of each user. The padding of the training bench is completely made of high quality polyurethane (PU) foam, which ensures durable, elastic and easy to clean equipment and allows comfortable exercise performance. BenchK's training bench has a sturdy construction with a profile of 50x40mm and a thickness of 2mm. The training bench from BenchK is used for abdominal training. The upholstered rollers provide a secure grip during the exercise performance. The insertable seat allows the bench to be used as a weight bench suspended from the wall bars. The retractable legs allow for space-saving storage.

**Wall bars BenchK 700B:**

Finish: dark beech wood rungs (rungs are made of wood lithium beech and are not painted, but hand-oiled with two layers of an organic German oil, which is based on linseed oil), metal side bars

Color: dark beech wood, metal in black

Mass: W67cm x H240 x D15cm (without fittings)

Number of rungs: 9

Spacing between rungs 23.5cm

Rung diameter: oval rungs 3x4cm

Minimum room height for installation: 250cm

Mounting: on the wall

Weight: 20kg

Maximum user weight: 150kg

Warranty: 2 years for home use

**Pull-up bar BenchK PB3B:**

Finish: metal in black color finish

Handles: polyurethane

Length: 116.5cm

Attachment: to wall bars (removable/reversible to barbell rack)

Weight: 11kg

Maximum user weight: 200kg

Warranty: 2 years for home use

**Dip station DB1B**

Finish: metal in black color finish



Padding: made of high quality polyurethane (PU) foam

Padding color: black

Dip handle spacing: approx. 51cm

Mounting: on the wall bars

Weight: 11kg

Maximum user weight: 150kg

Warranty: 2 years for home use

### **Training bench B1B**

Finish: metal in black color

Upholstery: made of high quality polyurethane (PU) foam

Upholstery color: black

Equipment dimensions: approx. L164 x W38cm

Space requirement (equipment dimensions hung in wall bars) in depth approx. 160cm

Mounting: on wall bars

Weight: 19kg

Maximum user weight: 150kg

Warranty: 2 years for home use

Wall mounting on a partition thinner than 12cm and on a plaster wall is not possible. The decision and responsibility for the method of installation of the wall bars lies with the buyer. Mounting material (screws/dowels) is not included in the delivery.

The wall bars and pull-up bar are manufactured in Poland according to the Pan-European safety standards PN-EN 12346:2001, PN-EN 913:2019-03 for gymnastic equipment.