

Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Gatepress® spring for pelvic floor training device

There are different spring strengths for the Gatepress pelvic floor training device that can be purchased. A spring change to the next stronger spring becomes necessary when the static exercise becomes too easy to perform.

CHF 15.00



Nib strengths

Nib strength 1 - pink (very light) Nib strength 2 - green (light) Nib strength 3 - blue (medium) Nib strength 4 - yellow (medium strong) Nib strength 5 - red (strong) Nib strength 6 - black (very strong)