## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

## Fitwood wall bars TAIMI birch



For 200 years, Swedish wall bars have proven to be one of the best pieces of equipment for gymnastics exercises and training with your own body weight. TAIMI is the newest addition to FitWood products and is the simpler model of Swedish wall bars. The main difference between our famous AARNI wall bars is the design and function of the top of the wall bars. These simplified wall bars of TAIMI wall bars combine impressive design functionality. The TAIMI wall bars are made of birch. FitWood wall bars are designed in Finland and manufactured in the EU. They are designed to support an active lifestyle without compromising on design or sustainable values.

CHF 499.00

- Tradition that does not have to hide in the new design
- Baltic wood from sustainable cultivation and ethical Finnish production
- · Almost endless options to develop agility and strength
- Ideal for children a flawless combination of sport and play

If you're thinking about making a piece of fitness equipment a central piece of furniture in your home, your search has come to an end: the TAIMI wall bars from Fitwood offer ideal workout options for everyone - beginners, heavy weight lifters and gymnasts alike:

- Stretching and flexibility for back, legs and arms.
- · Abdominal exercises and sit-ups while hanging
- Push-ups with and without support
- Supported squats
- · Calf raises
- For advanced users: muscle ups (if ceiling height allows), human flag
- By attaching resistance bands: various pulling and pushing movements for hands and legs, rehabilitation, support for pull-upshellip:
- Attaching children's or Olympic gymnastics rings: Bodyweight rowing and chest movements, dips, various strength and balance exercises for the legs.

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If the park is ever not an option, spend your time on the wall bars instead of the couch. The same goes for the little ones. There has never been a better way to playfully develop your children's coordination and physical strength - all within the comfort of your home.

We develop the functionality of Fitwood products without losing sight of our vision of Scandinavian design. The combination of CNC machining and traditional craftsmanship distinguishes our products from traditional wall bars. The TAIMI wall bars by Fitwood are compact, descriptive and provide the world's best workout a wall bar can offer.

Weight limit: 330lbs (150kg)

Finish:

Wooden frame natural birch Rungs natural birch

Dimensions: W78 x D12-30 (lowest point) x H220cm Spacing between rungs 17cm Weight 18kg

Warranty:

2 years for home use

1 year in light institutional to commercial use

Mounting: through the top and bottom support list to concrete wall or light wall support. Screws and anchors are included in the packages. Additionally, you will need your own tools. Mounting the wall bars only to a solid wall such as stone, concrete, solid wood (not suitable for lightweight wood or plaster walls).