



Best Fitness Gravity Trainer - Inversion Table (BFINVER10)



The Best Fitness BFINVER10 Inversion Table is designed to relieve stress, reduce back pain, increase flexibility and improve posture by suspending the weight of the body in a comfortable, controllable motion. Increased stress on muscles, joints and the spine from physical activities such as sports, excessive exercise, bending, lifting, sitting or standing for long periods of time, create compression and rotational pressures and are often the cause of discomfort. The reverse pull during exercises with the inversion bench automatically leads to relief. Tension can be released and thus contribute to the relief of discomfort.

CHF 299.00

A strong, stable base supports a comfortably padded nylon backboard. The Best Fitness BFINVER10 features a nylon safety harness to ensure stability during inversion. A graduated scale on the extension bar allows for quick and easy adjustments for all users. For added comfort, adjustable ankle cuffs provide a custom fit that cannot be achieved with foam rollers common to many inversion tables. The Best Fitness BFINVER10 gravity trainer folds easily using two pins for space-saving storage.

The Best Fitness BFINVER10 Inversion Table uses downward gravity to relieve pressure on the back. In one smooth, fluid motion, you can safely switch from an upright position to a fully inverted position.

Simply adjust the device to your height and tighten the ankle cuffs to ensure a secure and comfortable fit. Then sit back and enjoy the many benefits of inversion therapy, including less back and neck pain, fewer headaches, better posture, improved circulation and reduced stress.

- Padded nylon back board for maximum comfort and breathability.
- Nylon safety harness that controls stability and allows the user to quickly and safely move from the upright position to full inversion
- Adjustable ankle cuffs that provide a comfortable, customizable fit for each individual user
- easy 2-pole folding design for quick and space-saving storage

**The Shark
Fitness Company**



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Use: home use, payload: 110kg

Machine dimensions: L119.4 x W76.2 x H152.4cm, weight 21kg

Warranty: 2 years on labor and parts (excludes consumables)