



## Sponser Senior Protein 455g can



SENIOR PROTEIN is a high-quality supplement with leucine, HMB and collagen to meet increased protein requirements, especially for seniors. Protein supports the development and maintenance of muscle mass.

CHF 37.90

With increasing age, muscle maintenance becomes more and more important from a health point of view, but is increasingly difficult to achieve. Decisive for this is not only physical activity, but also a protein-rich diet. A regular protein intake, distributed throughout the day at a minimum of 20-25 g per serving, is the most sensible therapeutic approach. Studies confirm that both the quantity and the quality of protein are important.

Due to the complete amino acid spectrum, whey proteins are particularly suitable for this purpose. Whey is rich in all essential amino acids and contains high levels of leucine compared to other protein sources. Collagen is the most important protein fraction in our body with 25-30% and is mainly found as a structural protein in connective tissues, bones and joints.

HMB (hydroxymethyl butyrate) is a metabolic product of the amino acid L-leucine. HMB is also often used in clinical protein supplements for additional support of muscle maintenance.

Additionally enriched with vitamin D. Supports the maintenance of normal muscle function as well as the immune system and contributes to the maintenance of normal bones.

- rich in functional ingredients such as whey protein, collagen and HMB for the maintenance of powerful muscles
- rich in micronutrients calcium, vitamin B12 and vitamin D
- gluten-free, low in lactose

Packaging unit: 455g tin

Flavors: Chocolate, Orange-Yogurt

**The Shark  
Fitness Company**



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