



## Best Fitness Option to Universal Bench BFFID10: Leg/Biceps Part (PFPL10)



The Best Fitness BFPL10 Preacher Curl and Leg Curl Element is optional to the Best Fitness Universal Bench BFFID10 and eliminates elbow stress while allowing full range of motion. The unique design, angular construction and low center of gravity ensure an extremely secure and stable attachment for the Best Fitness Universal Bench. Its design provides stability and comfort while reducing stress on the lower back. The Best Fitness BFPL10 Preacher/Leg Curl accessory comfortably fits your body and positions you for optimal training posture when exercising leg and biceps muscles.

**CHF 209.00**

- 10cm high-density foam roller pad for seated leg extension and prone leg flexion
- removable preacher curl pad with 4,5cm durable padding
- adjustable curl handle
- safety pins and screws for easy adjustment
- leg section with 25mm disc support for leg extension and leg curl exercises.
- option: adapter for 51mm disc support
- max. load capacity 80kg
- only compatible with Best Fitness universal bench BFFID10