



## Sissel Fit-Dome Sport



The multifunctional fitness device - the Sissel Fit-Dome Sport is ideal as a balance trainer, for cardio, strength and proprioceptive training for a versatile, targeted full-body workout. Train your balance skills simply by standing with one or both legs on the half exercise ball. The Sissel Fit-Dome Sport can be used with the platform facing up or down for balance training with different variations. Includes handles with soft padding for even more training variety.

**CHF 149.00**

- Functional and sport-specific training equipment
- Loadable up to approx. 250 kg dynamic weight
- Phthalate-free
- Dimensions: approx. D60cm; approx. 25cm high
- Colors: red or black
- Pump, training tubes and exercise poster included in the scope of delivery