



## Body Solid Leverage Gym Universal Bench GFID100



The heavy-duty 76mm round steel frame can easily handle a load of over 270kg, while the back and seat cushions lock into eight positions to align your body for perfect posture during all your exercises. Ultra-thick DuraFirm padding supports you during even the most intense workouts. Leg lockdown with oversized casters adds comfort and stability while you perform upper and lower abdominal exercises, as well as incline and decline strength training. Convenient transport wheels let you effortlessly move the GFID100 in and out of any rack, making it especially versatile.

**CHF 349.00**

### Equipment:

- robust, stable frame construction
- including adaptable leg holder attachment
- extra strong, high-quality DuraFirm seat and backrest upholstery, tear-resistant with double stitching
- easily adjustable seat (8-position)
- easily adjustable backrest (8 positions)
- length of back cushion 80cm
- with transport wheels for easy relocation
- bicep cushion GPCA1 and leg section GLDA3 optionally available
- color: frame red, upholstery black

Use: home use to light commercial use, payload: approx. 270kg

dimensions: L168,2 x W70,4 x H48,5cm, weight 24kg

Accessories: leg holder

options: Bicep pad, leg section for leg extension/extension exercise.

**The Shark  
Fitness Company**



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Warranty: 2 years on labor and spare parts (excluding consumables)