



## K-Active Trigger Thing Small Buddy



With trigger things, muscular tension and myofascial trigger points are specifically and precisely treated and released. The pressure exerted at specific points by the trigger thing stimulates and promotes blood circulation and thus the supply of oxygen to the affected muscles. The shortened muscle fibers and fascia relax and inflammatory substances are removed. Acute and chronic pain as well as movement restrictions in everyday life and training can be quickly eliminated and prevented.

**CHF 29.90**

- for people up to 165cm and sensitive muscles
- for the rotator cuff, as well as neck, back and forearm muscles
- hits painful areas selectively
- stimulates blood circulation and oxygen supply to the affected muscles
- equipped with anti-slip nubs on the underside
- height: 5cm, head diameter: 2,5cm