



## Tunturi Hyperextension Glute Ham Developer GH10 (18TSGH1000 )



The Glute Ham Developer GH10 from Tunturi is a perfect training tool for strengthening back, abdominal, gluteal and hamstring muscles. The developer itself is built sturdy and robust, so it does not slip during exercise. The pads are made of soft material, ergonomically shaped and support the athlete during training. In addition, the trainer comes with two pins on which resistance bands can be mounted. Furthermore, this hyperextension can be adjusted to the athlete's body size via the horizontal bar. Thus, anyone can use the Glute Ham Developer. The design is timeless and in the color black. Due to the dimensions of 143.8 x 77.6 x 95.2 cm (L x W x H), the fitness station can be easily placed in the home.

**CHF 699.00**

### **Equipment:**

- spine-friendly training of the lower back muscles, as well as the abdominal, gluteal and calf muscles
- horizontal adjustment of the foot pads for optimal adaptation to the user's size
- 2 pins attached to the frame for mounting resistance bands
- robust frame construction
- ergonomically shaped pads

use: home use, load capacity: approx. 150kg

dimensions: L143,8 x W77,6 x H95,2cm, weight 44kg

warranty: 2 years on labor and spare parts (excluding consumables like pads)

**The Shark  
Fitness Company**



**Shark Fitness AG**  
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and Wil (SG)

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