



## Tunturi Slam Ball 5-20kg



The Tunturi Slam Balls consist of a solid surface with a special iron-sand filling that is particularly hard and resistant to impacts. The Tunturi Slam Ball is the perfect fitness ball for training throws and slams. The specially structured surface with studs also guarantees a secure grip.

**CHF 49.90**

The Jordan Slam Balls can be thrown against the wall or the floor without bouncing. The slam balls provide an efficient full-body workout and train the core as well as the upper and lower extremities. Slam balls train explosive power, coordination and improve range of motion and flexibility.

- special iron-sand filling (the 20kg version has a special silver-sand filling to achieve a weight of 20kg with a diameter of 23cm)
- the Tunturi Slam Balls have a diameter of 23cm
- surface with nubs for a secure grip
- Slam Balls do not bounce when thrown against the floor or wall
- not suitable for use with medicine ball rebounders
- Suitable for indoor and outdoor use
- Perfect for circuits, functional training etc.
- Option: stand for 5/10/15 balls

Slam Balls available in 4 weights:

5kg - CHF 49.90  
10kg - CHF 65.90  
15kg - CHF 88.90  
20kg - CHF 125.90