



Powerline Functional Trainer PFT100



Train your range of motion with the Powerline by Body-Solid PFT100 Functional Trainer. The Powerline Functional Trainer provides a comfortable workout for users of all fitness levels. Designed to deliver exceptional performance, the PFT100 features vertically adjustable pulleys that rotate smoothly over a 180-degree range of motion for unmatched workout versatility. The no cable change design allows you to quickly switch from exercise to exercise

CHF 1'649.00

Two adjustable nylon cable handles are also included with the machine for instant access to a range of exercises, including low and high cable crosses, biceps curls, triceps presses, triceps stretches, glute returns, rowing, delta raises, trunk twists and more! Add a bench or stability ball for even more workout variety and incorporate press, fly and crunch movements.

By providing true isolated movements, users can target a variety of muscles and goals, including strength training, power, flexibility and rehabilitation.

The Powerline Functional Trainer also features a knurled pull-up bar for perfect pull-ups, chin-ups, leg raises and more, as well as integrated accessory bar storage.

Whether for strength training, sport-specific, exercise at work or play, the Powerline Functional Trainer PFT100 with its independently adjustable cable columns will train your range of motion. You'll define the path of movement, strengthen every part of your body, improve your core, balance and coordination.

Features:

- User-defined, isolateral movement path for unrestricted training exercises.
- 20 positions for height adjustment of the pull sections with 81mm hole spacing
- quick adjustment of the pulling parts
- 180° rotation of the pull handles
- space-saving design
- integrated pull-up bar
- 2 weight plates à 72,5kg with a resistance of 36,25kg - ratio 2:1 - optional weight increase to



95kg possible

- the 15 weight plates consist of 4,5kg weight plates, which result in a resistance of 2,25kg
- the ratio of 2:1 allows a very smooth workout, lower weight increments and a larger range of motion

Use: home use

Machine dimensions: W159 x D107,5 x H210,8cm, weight 225kg

Accessories: 2 hand straps

Options: Training bench, 2 x 22,5kg additional weight

Warranty: 2 years on labor and spare parts (excluding consumables)