



Sissel Pilates Soft Ball blue



The Soft Ball is especially suitable for the spine and abdominal muscles. It is easy to inflate. In addition, you will receive exercise instructions.

CHF 14.90

- Deep relaxation with the Sissel Pilates Soft Ball
- to strengthen the muscles
- to inflate
- Incl. exercise instructions
- Color: blue
- Dimensions: 22cm and 26cm