



Hoist Fitness Tree - leg lift / pull-up / dip station HF-5962



Over the past 40 years, HOIST® Fitness has become a leader in the strength training equipment industry through proven effectiveness, durability and versatility. The HOIST Consumer Free Weight and Personal Training System product line is precision built with superior components and unique space-saving designs.

CHF 949.00

High-quality leg lift, pull-up, dip and push-up station from Hoist Fitness for training the lower and oblique abdominal muscles, back muscles, shoulder muscles and biceps. For exercises such as dips, knee raises, pull-ups, hanging leg raises, sit-ups and push-ups.

Features:

- incline backwards for an increased range of motion and a secure hold
- Easy entry and access to the individual exercises
- Extra thick, high-quality padding
- angled armrests for comfort and precise body positioning
- ergonomically shaped armrests
- **dual function of the removable pad as a back pad for vertical knee raises and as a pad for seated exercise positions such as sit-ups**
- lower handles with double function as a climbing aid and for push-up exercise positions
- flared feet on the base for maximum stability
- Sturdy round tube construction
- Frame color: Platinum
- Target price CHF 1'049.--

Use: Home to light institutional use, payload: approx. 180kg

Equipment dimensions: L112 x W112.5 x H211.5cm, weight 68kg

Warranty: 2 years on labor and spare parts (excluding consumables)

**The Shark
Fitness Company**



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