



## Sissel Myofascia Roller



The Sissel Myofascia Roller is for effective self-massage and professional use. It is excellent for loosening hardened muscles as well as agglutinated fascia especially of the lower extremities (calf and thigh muscles). Regular use prevents hardening in the long term. The elliptical recessed grips are ergonomically designed to reduce pressure on the wrists during exercise.

**CHF 49.05**

- Field of application: physiotherapy, osteotherapy, sports, injury prevention, self-treatment, complements classical therapies
- Dimensionally stable, robust, handy
- Material: dimensionally stable EPP - recyclable, odorless
- Dimensions: approx. 40 x 15 cm
- Weight: approx. 510 g, loadable up to 120 kg
- Colors: black (hard), blue (hard), white (soft)