



## Hoist Fitness Hack Squat (CF-3356)



The HOIST® Fitness Hack Squat takes leg workouts to a whole new level! Designed to keep the upper back and hips in a safe, comfortable and stable position. With exceptional padding for the back and shoulders, this machine targets the quadriceps, one of the largest muscles in the body. A large footplate ensures comfortable positioning and the 42-degree angle provides a small footprint to save space in the gym. An intuitive, easy-to-use locking system with two handles keeps the user safe and the fully enclosed linear bearings ensure smooth and quiet movement. Pins are integrated on both sides of the machine for attaching resistance bands. And impact-resistant polypropylene-covered weight horns protect the frame and reduce noise.

**CHF 4'990.00**

Combining European styling and American engineering, HOIST FITNESS takes commercial free weight equipment to a whole new level. The new CF Premium Line has the same aesthetic features and durable construction as the popular HOIST ROC-IT line.

### **Features:**

- space-saving 42-degree design for minimal space requirements
- Pins for attaching resistance bands on both sides of the machine
- intuitive, easy-to-use locking system with two handles for increased safety
- Fully enclosed linear bearings for smooth, quiet movement
- polyurethane-covered disc pads to protect the frame and reduce noise
- integrated weight racks for storing weight plates when not in use
- Discs not included in the scope of delivery
- Starting weight (unloaded) 40kg



Use: Home to commercial continuous use, maximum storage weight 327kg, maximum payload training weight 286kg

Equipment dimensions: L216 x W155 x H140cm, weight 222kg

Frame colors: Platinum or white

Pad colors: light grey, dark grey, black, red, blue (other colors on request)

Warranty: 2 years on labor and spare parts (excluding consumables such as pads, ropes)