



Hoist Fitness Power Squat (CF-3359)



The HOIST® Power Squat is designed to do exactly what it 's named for : build muscle, bulk up and increase strength in the lower body - including glutes, thighs, calves and lower back. An ergonomically correct pad and large footplate provide stability and help position the user correctly while ensuring the best possible squat training experience. An intuitive, easy-to-use locking system ensures user safety and the sealed ball bearing pivot provides smooth and quiet movement. Pins for attaching resistance bands are integrated on both sides of the machine. Weight horns covered with impact-resistant polypropylene protect the frame and reduce noise. The space-saving, upright design of the Power Squat takes up minimal floor space in your gym or training facility .

CHF 2'990.00

Combining European styling and American engineering, HOIST FITNESS takes commercial free weight equipment to a whole new level. The new CF Premium Line has the same aesthetic features and durable construction as the popular HOIST ROC-IT line.

Features:

- ergonomically correct cushion and footplate positions accommodate a wide range of users
- Space-saving, upright design for minimal space requirements
- pegs for attaching resistance bands on both sides
- intuitive, easy-to-use locking system for safety
- sealed ball bearing pivot for smooth and quiet movement
- polyurethane-covered disc pads to protect the frame and reduce noise
- Integrated dumbbell racks for storing weight plates that are not in use
- Discs not included in the scope of delivery
- Starting weight (unloaded) 30kg



Use: Home to commercial continuous use, maximum storage weight 327kg, maximum payload training weight 286kg

Equipment dimensions: L166 x W164 x H161cm, weight 154kg

Frame colors: Platinum or white

Pad colors: light grey, dark grey, black, red, blue (other colors on request)

Warranty: 2 years on labor and spare parts (excluding consumables such as pads, ropes)