# Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

# MFT Indoor Board Classic



Balance Board Classic with unparalleled combination for unlimited training - balance, push-up board, plank pad - and trick possibilities - snowboard, freeride, surfboard, skateboard (100% wood) - Ideal for indoor & outdoor, athletes, kids, fun & action!

CHF 139.00

### Sustainable, classic balance board made of 100% wood including cork roller

Versatile combination options for unlimited training such as balance training, push-up board, plank pad, or tricks for snowboard, freeride, surfboard or skateboard. Ideal for indoor & outdoor, athletes, kids, fun & action!

#### Top offer:

In addition to the balance board, we always include a cork roller and integrated plastic pads as floor protectors. This not only protects your floor from scratches and stops the board from slipping away so easily.

### Developed by professionals:

In teamwork with UCI Trial World Champion Thomas Pechhacker, an indoor balance board was developed for a cool and very efficient workout.

### **Efficient training:**

Coordination, concentration, balance and stability are trained. In addition, with the unique option of hand grips, the core muscles can be trained perfectly.

### Little time required:

With an indoor wooden balance board, you save time, money and energy and can keep fit at home

# **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

while having fun.

For athletes, kids, fun & action: A wobble board balance board is particularly recommended for sports that require physical exercise. Skiing, snowboarding, freeriding, skateboarding, surfboarding, stand up paddling, MTB biking.

Ecological + sustainable: MFT Bodyteamwork protects the environment. Solar-powered production in Austria. CNC technology for less waste. 100% wood from EU forests, certified cork from Portugal, Green Dot for packaging material.

**High quality:** MFT Bodyteamwork stands for high quality, training efficiency, functionality, comfort and sustainability.

Training plans and training videos are available online free of charge on the MFT Bodyteamwork website

#### Versatile:

The MFT Board is ideal for fun, coordination training and is also a perfect training aid for my core training. Very high quality workmanship.

#### Challenge - fun & enjoyment:

A challenge at first, but after a short time the whole family really enjoys it. A great addition for the kids to improve their dexterity.

## **Great quality:**

You can see it: Made in Austria. The manufacturers have put a lot of thought into developing a very universal, cool board. A great addition to my training

#### Scope of delivery:

Indoor board incl. anti-slip tape + cork roller in an environmentally friendly cardboard box

Brand: MFT Bodyteamwork Color: Nature / Dark Grey

Material: Wood, cork, anti-slip tape

Item dimensions L x W x H: 73 x 29 x 1.5 cm

Target price CHF 169.--