

Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Spirit Fitness Commercial CR800+ LED Recumbent Ergometer



The Spirit Fitness Commercial CR800+ recumbent ergometer is the ideal bike for the commercial market. Its low stepthrough design and easily adjustable seat make it easy for users to get on and quickly find the most comfortable riding position. The intuitive console offers multiple program options and up to 40 resistance levels to keep users interested and motivated. The extra smooth ride is the result of the perfected transmission and integrated generator/flywheel system. The console features a large, easy-to-read display with a variety of programs for users of all fitness levels, an integrated fan and a USB port to charge mobile devices. Convenient seat-mounted heart rate grip sensors allow you to measure your heart rate on demand. The seat can be easily adjusted by pulling the yellow spring lever upwards.

CHF 2'790.00

Equipment:

- Induction braking system
- Mains-independent generator drive
- Flywheel mass approx. 13kg with gear ratio: 9:1:1
- Training computer with LED display with 18 characters Message center with 4 white LED windows and display of program profile, 2 display windows for resistance and RPM
- Console display of RPM, calories, elapsed time, remaining time, distance, resistance, METs, watts, heart rate
- 40 electronically adjustable resistance levels
- Manual training program
- Preset program profiles (Fat Burn, Cardio, HIIT, Interval)



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- User program programs can be created and saved by the user
- 2 pulse-controlled programs (HR 65%, HR 85%) pulse-controlled training to improve performance
- Watt program
- Fitness test
- Bluetooth FTMS for APP connection and connection to Bluetooth-compatible chest strap
- Telemetric heart rate measurement (integrated heart rate receiver)
- Hand pulse sensors embedded in the side handles of the recumbent ergometer
- USB port for charging function and software updates
- Comfortable recumbent seat
- the design with low entry and simple, stepless seat adjustment ensures individual user adjustment
- the seat and backrest are made of high firmness foam padding
- self-righting, large pedals with quick-release fastener
- pedals inclined inwards by 2° recent sports science studies show that an inward inclination of the feet by 2° promotes optimum muscle and ligament activity. These findings have been incorporated into the development of the CR800+ LED and the inclination of the pedals has also been implemented
- self-righting belt pedals
- pivoting fan
- transport wheels
- water bottle holder
- tablet holder

Application: home to commercial use, payload: approx. 204kg

Device dimensions: L158.5 x W56 x H78cm, weight 74kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors

Option: pulse transmitter strap, TV mount

Warranty: 2-year full warranty for home use; 1-year full warranty for light institutional to commercial use

SPIRIT+ app is designed for users who like to plan their workouts, track progress and set fitness goals. With the SPIRIT+ app, users can store all their training data in one place and share training information with other fitness applications. Athletes can get instant insights during workouts and check real-time stats of their runs, walks and bike rides.

With so many different fitness apps and trackers available on the market, Spirit Fitness wants users to be able to share workout information with other third-party apps when needed. The ability to share data and connect with a like-minded fitness community is crucial for any athlete, regardless of the sport they are interested in. That's why SPIRIT+ app users can share and export their workout data with other fitness apps such as Apple Health, Google Fit, Fitbit and Map My Fitness (connecting to third-party apps may require a subscription, which is not included in the Spirit Fitness purchase).

Connect directly to third-party FTMS apps

FTMS ("Fitness Machine Service Protocol") is the latest Bluetooth standard for wireless control of cardio fitness equipment such as treadmills, exercise bikes, rowing machines and more. Spirit Fitness has integrated FTMS into its latest product range to enhance the workout experience for users of all ability levels. Connecting to third-party FTMS apps may require a subscription that is not included with your Spirit Fitness purchase.



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Zwift is an app for cyclists, runners and triathletes that makes indoor training fun. It enables athletes to achieve their fitness goals in virtual worlds designed for a global community. Two training categories are available for Zwift users: Running and Cycling. Athletes can train on treadmills, connect their stationary exercise bike or a special accessory (smart tablet and app subscription not included).

Kinomap is the world's largest geolocalized video sharing platform with thousands of videos of the world's best routes. It is a subscription-based training app that allows users to access an entire library of videos submitted by other users from around the world. Kinomap pairs with your equipment and responds to the incline and resistance as seen in the video on your screen. The app offers a wide range of compatible equipment, including treadmills, cross trainers, exercise bikes, exercise bikes and rowing machines. With such a variety of cardio workout options, users of all fitness levels will find the workout they love (smart tablet and app subscription not included).

Brake system: Induction brake system Current-dependent: No Backrest adjustable: No Resistance levels: 40 Training computer: LED display Displayed values: Program profile, 2 display windows for resistance and RPM Console display of revolutions/min, calories, elapsed time, time remaining, distance, resistance, METs, watts, pulse. Training programs: 9 Pulse-controlled programs: 2 User-defined programs: 1 Hand pulse sensors: Yes Pulse receiver: Bluetooth Multimedia: USB port, tablet holder Accessories: integrated receiver for chest strap transmitter Options: Transmitter belt, TV mount Dimensions (length / width / height): L 158,5 x W 56 x H 78 cm Device weight: 74 kg Payload: approx. 204 kg Insert: Heinbereich bis kommerzieller Dauereinsatz Warranty: 2 years complete warranty (CH service) Features: pedals inclined inwards by 2