



Airofit Pro 2.0 Breathing Trainer



The most efficient solution for breath training - only 5-10 minutes per day. The world's first smart respiratory trainer is getting smarter. Increase your energy and improve your overall performance and well-being through respiratory muscle training with the new generation Airofit PRO 2.0. Gain strength and flexibility in your respiratory muscles, optimize your lung function and track your progress over time.

CHF 379.00

Airofit makes breath training accessible to everyone -. Breath training is one of the most overlooked areas when it comes to improving physical fitness and overall health and wellness, despite the fact that it has been proven to produce quick and significant results.

THE ALL-IN-ONE BREATH TRAINER - Want stronger lungs, more physical performance and a better sense of well-being? Airofit Pro consists of a breathing trainer and an interactive mobile app that guides you on the path to unlocking your full potential. Just 5-10 minutes of daily exercise has been shown to significantly increase lung capacity.

BETTER QUALITY OF LIFE - Airofit is proven to benefit everyone! Whether you are one of the top athletes, everyday people, or the older generation suffering from respiratory conditions such as asthma or COPD. Benefit from higher energy levels and less stress. Consider it as an inhaler for respiratory problems, a respiratory trainer or a respiratory therapy device.

NO MORE AVERAGE EXPERIENCES - The Airofit respiratory trainer is fully customized to your age, gender, size and physical abilities. You will receive customized programs specifically designed to meet your personal needs.



TRUSTED AMONG ELITE ATHLETES - Airoid has helped many athletes reach a whole new level. Get live instruction and feedback to ensure exercises are performed correctly and track your progress along the way. Airoid is used regardless of physical activity. You can exercise exactly when and where you want. Excellent for respiratory therapy, clearing the lungs or as a fitness mask.

The Airoid training in 4 simple steps:

1. Airoid starts by checking your current lung function

With a few simple steps, Airoid measures your current lung function. This data is then combined with your age, gender, height and weight to create the optimal training session, using the measurements as a baseline.

2. The trainer adds resistance to your breathing muscle workout

It's like taking your breathing muscles to the gym. Airoid provides adjustable resistance levels for your breathing muscles, mainly the diaphragm and intercostal muscles, making them work harder during exercises. It also tracks your breathing in real time and sends the data directly to your smartphone.

3. Live feedback, guidance and progress monitoring

Airoid programs consist of a variation of 17 unique workouts, all designed and tested by world-renowned breathing experts. As you perform these exercises, Airoid tracks your breathing and sends the data in real time to the Airoid app on your smartphone. You will receive live feedback and guidance on how to perform all the exercises correctly and how well you are following the suggested patterns.

4. Your Breathing Muscles Develop Like Any Other Muscle Group

Like other muscle groups, the breathing muscles respond to resistance training by getting stronger, faster and more efficient.

When this happens, breathing stops being a limiting factor in athletic performance and daily activities. You can push yourself harder for longer periods of time and recover faster.

Efficient breathing muscles slow your respiratory rate and heart rate, lower your blood pressure, and improve sleep quality.

- Bluetooth connectivity
- Advanced lung function measurement (coming soon)
- Personalized workout plan
- Improved guidance and feedback
- More accurate results tracking
- Detailed peer comparison
- Splash proof hardware
- Magnetic charging cable
- Long battery life (4-7 days)