



## TRX Kevlar AB Glider



TRX Kevlar AB Gliders strengthen abdominal muscles by optimizing abdominal workouts and reinforcing core stability. With the TRX Kevlar AB Gliders, dynamic stability exercises such as planks, push-ups, mountain climbers or other workout exercises are made more difficult.

**CHF 42.90**

New gliding challenges can be added that force the user to work the core (and other muscles) while trying to maintain stability.

- No wear and tear due to the KEVLAR material, despite the constant friction on the floor.
- the TRX Kevlar AB Gliders come with a soft felt underside for a smooth glide
- Scope of delivery 2 TRX Kevlar AB Glider