



## Hoist Fitness leg press-Hackenschmidt combination machine HF-4357



Over the past 40 years, HOIST® Fitness has become a leader in the strength training equipment industry through proven effectiveness, durability and versatility. The HOIST Consumer Free Weight and Personal Training System product line is precision built with superior components and unique space-saving designs.

**CHF 1'999.00**

The leg press and Hackenschmidt from Hoist Fitness - for targeted strengthening of the leg, gluteal and calf muscles.

### **Features:**

- 45° angle of the slide movement
- Various exercise options such as leg press, Hackenschmidt squat, calf raises
- Quad-Track roller system for smooth and even movement of the weight plates - the HF-4357 Hack Squat/Leg Press Combo uses four nylon wheels encased in sled needle bearings. These are used for a higher load capacity compared to ball bearings used for speed
- the take-off weight (without weight plates) is 38.25kg, which feels like 27kg due to a ratio of 70%
- back section with quick-folding mechanism is easy to adjust - dual-purpose back pad for attachment for both chop and leg press exercise positions
- Lockouts with 3 positions for Hackenschmidt and leg press exercises
- 3-position angle adjustment of the back pad possible for leg press exercises - or 3-position angle adjustment of the foot platform for hackschmidt exercises
- quick conversion from leg press to squat exercise
- Easily accessible plate loading system on the carriage
- Disc support for 51 mm discs
- support surface for discs on both sides approx. 29 cm each
- Dimensions of the upper footplate for leg press exercises approx. 58.4 x 25.4 cm
- Dimensions of the lower footplate approx. 61 x 69.2 cm



- extra strong, high-quality padding
- stable steel frame construction
- Color: platinum
- Target price CHF 2'399.--

Use: Home to light commercial use, payload: approx. 340kg (weight load)

Device dimensions: L212 x W78 x H144cm, weight 178kg

Option: Discs

Warranty: 2 years on labor and spare parts (excluding consumables)