



Horizon Fitness 7.0IC Indoor Cycle



Bring the gym home with the Horizon 7.0IC connected fitness bike. Paired with Bluetooth connectivity to the exclusive Horizon app - @Zone or other popular fitness apps on your smartphone or tablet. Simply pair your phone or tablet via Bluetooth and keep up with your favorite cycling classes with 50 electronically controlled resistance levels. The included Bluetooth chest strap, dual water bottle holder, and clip-in pedals all provide extras for a comprehensive workout with the apps you love.

CHF 1'169.00

Equipment:

- ECB magnetic brake system
- electronic resistance adjustment with 50 resistance levels (0-100%)
- mains connection
- emergency stop
- belt drive
- robust frame construction
- flywheel with approx. 13kg (aluminum)
- Console with high contrast 7,5x4,7cm LCD window displaying cadence, calories, distance, heart rate, resistance level, speed, time, watts
- Programs: Manual, calories, distance, interval, weight loss
- heart rate measurement via Bluetooth (Bluetooth transmitter belt included)
- compatible with Peloton APP, Zwift*, FitBit, GoogleFit, Apple Health, Strava, @Zone** (subscriptions not included)
- infinitely variable vertical and horizontal handlebar adjustment with scaling
- multi-position handlebars
- stepless vertical and horizontal saddle adjustment with scaling
- saddle adjustable in inclination
- comfortable racing saddle
- holder for tablet/smartphone
- combination pedals (basket/SPD)



- USB port for charging
- double bottle holder
- transport wheels
- Smartphone, tablet not included
- Indicative price CHF 1'299.--

Use: home use, payload 136kg

Device dimensions: L1119 x W53 x H119cm, weight 43,5kg

Accessories: Bluetooth transmitter belt

Warranty: 2 years complete warranty (excluding consumables)

Zwift* - Zwift combines the fun of video games with the intensity of serious training. Explore the virtual worlds of Zwift in training or group rides and races with a global community that motivates you to get better every minute. Want to make your cardio workout more interactive and challenging, and combine it with the gamification factor? With selected models from the Cardio portfolio and the Zwift training app, this is now possible! Zwift combines the fun of video games with the intensity of serious training and helps you get faster. Connect in the virtual worlds of Zwift with a community that motivates you every minute. Choose from training plans, group rides, races and much more. Immerse yourself in the Zwift world and get fitter and stronger than ever! Your personal training plan - Looking for a long-term strategy for your next competition? Or just want some targeted coaching for your training? Zwift has sophisticated cycling and running plans that are customized and tailored to your fitness level. You can also create individual workouts in the app to achieve specific goals. Your personal best - virtual training with thousands of other athletes and feedback on the display provide the motivation boost you often need. In addition, since the performance data from the workout (such as rpm and watts) is transferred to the app, points can be collected and real competitions can be contested. Zwift is available on Google Play as well as in the App Store.

@Zone-APP**- the free @Zone-APP connects the smartphone or tablet (iOS/Android) to the treadmill via Bluetooth. Low effort, maximum success - with the exclusive HIIT training program Sprint 8, amazing results in terms of overall fitness and fat burning are achieved with three short training sessions per week. Once around the world - Virtual Active synchronizes high-definition footage of real tracks with the speed and intensity of the workout. The incline or resistance changes automatically to match the landscape profile on the screen. Monthly 300 minutes of this program are included for free in the @Zone app. Goal Training Programs - with the 5 goal-based training programs (time, distance, calories burned, pace, and target heart rate), you can keep challenging yourself and target your performance. Workout Tracking - The workout history summarizes all data to document progress from workout to workout. If you like, you can even access the worldwide leaderboard to compare your performance with @Zone's top users.

Current-dependent: Yes

Horizontal seat adjustment: Yes

Vertical seat adjustment: Ja

Horizontal handlebar adjustment: Nein

Vertical handlebar adjustment: Ja

Freewheel: Nein

**The Shark
Fitness Company**



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Training programs: 5

Pulse receiver: Bluetooth

Accessories: integrated receiver for chest strap transmitter

Options: Bluetooth transmitter belt, floor protection mat

Payload: 136 kg

Insert: Home