



## Body Solid PRO Club Line 4 Station Tower S1000



The Body Solid Pro Club Line S1000 4-Station Tower is a full commercial gym that offers four independent exercise stations with weight magazines, allowing up to four people to work out at the same time. The Body Solid S1000 Multistation has been carefully crafted and designed to bring out the maximum in exercise versatility in all modern workout and fitness facilities. Constructed of 11-gauge steel, the S1000 can be used in heavy-duty commercial and light commercial facilities. As a result, the Body Solid Pro Club Line S1000 4-Station Tower is ideal for use hotels, police and fire stations, schools, corporate fitness and more.

**CHF 8'990.00**

The four stations include an adjustable pull tower, a multipress station for bench press/incline bench press/shoulder press/rowing/leg extension/leg squats, a lat and rowing pull station, and a leg press and calf raise station. These four stations hold something for everyone and provide a comprehensive total body workout. The Body Solid Pro Club Line S1000 4-Station Tower comes standard with four 95kg weight magazines and includes a lat bar, curl bar, abdominal belt, ankle strap and two cable handles.

### **Equipment:**

**Station 1:** Bench press with different grip positions and 8-way angle of motion adjustment for horizontal bench press, incline bench press and shoulder press with guided motion and when using the hand straps with free motion, as well as rowing seated with upper body supported and leg curl standing and leg extension seated and pull cable for abdominal crunch. Variable backrest (incline/depth) with telescopic adjustment for optimal exercise performance and lower back support.

**Station 2:** Upper pulley for a variety of pulling exercises for the upper body area (lat pull, triceps, abdominal crunch, crossover). Middle pulley for seated rowing exercise.

**Station 3:** Leg press with adjustable backrest for comfortable starting position, ergonomic seat and



backrest, weight doubling for leg press station (2:1 ratio).

**Station 4:** 22-position adjustable cable pulley for a variety of exercises (abdominal crunch, traction exercises, abductors, adductors, hip and gluteal muscles, calf raises, biceps curl standing/sitting, rowing seated, neck pull standing) (1:2 ratio)

- stable frame construction
- ball bearing guide rollers
- plastic-coated steel ropes from the aircraft industry
- ergonomically shaped and easily adjustable backrest for individual adjustment for chest and shoulder training
- side handles for support during leg exercises
- high quality padding
- weight magazine cover
- 4 x 95kg weight magazines made of black high quality steel
- frame color: black
- padding color: black

Use: home use to light institutional use, payload: approx. 250kg

Equipment dimensions: L315 x W343 x H210.8cm, weight approx. 784kg

Accessories: lat pull bar, curl pull bar, abdominal belt, foot strap, 2 cable handles

Warranty: 2 years on labor and spare parts (excludes consumables such as padding/cables)