

**Shark Fitness AG** Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

# Powerfood One Ashwagandha 120 capsules



Enjoy an actife lifestyle - upgrade your body! Today's world is becoming increasingly fast-paced and stressful - this often leads to inner turmoil and relaxation, which is very important for mental and physical health, comes too short. The PowerFood One Ashwagandha combines the Ashwagandha root extract with vitamin B6 and zinc. Vitamin B6 contributes to normal nervous system function and normal mental function. Zinc contributes to normal cognitive function and protection of cells from oxidative stress.

CHF 24.90

## HIGHLIGHTS

- Premium Ashwagandha extract
- Combined with vitamin B6 and zinc
- High dose withanolides

## INGREDIENTS

Ashwagandha root extract, hydroxypropyl methylcellulose, zinc bisglycinate, anti-caking agents, (magnesium salts of fatty acids, silicon dioxide), pyridoxine hydrochloride.

## ALLERGENS

May contain traces of gluten, crustaceans, eggs, fish, milk, nuts, lupine and soy.

## **RECOMMENDED CONSUMPTION**

Consume one daily serving (1 capsule) daily unchewed with plenty of water, preferably with a meal.

Packaging unit: 120 capsules Flavor: neutral