

Powerfood One ZMA 120 capsules



Enjoy an active lifestyle - maximum potential for you! The combination of zinc, magnesium and vitamin B6 promotes healthy protein metabolism and glycogen metabolism. This prevents fatigue and exhaustion. ZMA is especially popular with strength and performance athletes.

CHF 19.90

HIGHLIGHTS

- Zinc supports protein metabolism and regulates blood testosterone levels
- Magnesium contributes to normal muscle function
- Vitamin B6 promotes energy metabolism and reduces fatigue and fatigue

RECOMMENDED DOSAGE

Take 1 capsule daily, unchewed, with sufficient water.

INGREDIENTS

Magnesium oxide, coating agent: hydroxypropylmethylcellulose (vegetable capsule shell), zinc oxide, pryidoxine hydrochloride

Packaging unit: 120 capsules

Flavor: neutral