



Powerfood One Arginine Citrulline 300g can



Enjoy an active lifestyle - enjoy Arginine + Citrulline! The highly effective amino acid complex provides the extra pump in your workout. The amino drink quenches thirst, tastes great and supports you optimally during training. PowerFood One Arginine + Citrulline stands for the latest generation of amino pump boosters.

CHF 24.90

L-Citrulline Malate, which is present in this supplement as a powder, is one of the best N.O. (Nitric Oxide) boosters in the bodybuilding field and especially suitable for a strong workout in muscle building with high pump proportions. Mixed with 300 ml of water to a shake before training, the citrulline malate powder quickly unfolds its full effect and not only favors the performance and stamina, but also enables a better pump. For more power and energy during training, L-citrulline malate is the perfect dietary supplement, which thanks to the good solubility of the powder becomes an ideal pre-workout shake with pump booster function. A higher performance as well as a more effective muscle building are favored with a regular intake before the training, which is why the powder is essential especially for bodybuilding and weight training!

The effect of L-Arginine powder consists mainly in its vasodilating function. The natural protein building block L-Arginine contains the most nitrogen of all proteinogenic amino acids, which our body uses to form nitric oxide (NO). The NO reaches the muscle layer of the vessels, where it unfolds its vasodilating effect. The blood circulation of the cardiovascular system and the muscles is promoted. This ensures better nutrient and oxygen transport, improves fat burning and, due to the presence of the two amino acids, optimizes muscle protein synthesis. Another effect of L-arginine: its positive influence on increased blood pressure, which often occurs during peak athletic performance. The blood pressure lowering effect of L-arginine has been proven by studies.

recommendations for use

Mix 8 g of powder daily with 200 ml of water and drink.

INGREDIENTS

Orange: 37.7% L-Arginine Hydrochloride, Flavor Blend (Passion Fruit Flavor), 18.7% L-Citrulline DL-



malate 2:1, D-Ribose, Natural Flavor, Orange Fruit Juice Powder (Citrus sinensis L), Acidifier: Citric Acid, Color: Beta-Carotene, Sweeteners: Sucralose and Stevioglycosides.

Fruit Punch: 37.7% L-arginine hydrochloride, flavor blend (sour cherry flavor), 18.7% L-citrulline DL-malate 2:1, D-ribose, flavors, orange fruit juice powder (Citrus sinensis L), acidifier: citric acid, beet root powder (Beta vulgaris var. conditiva), sweeteners: sucralose and stevioglycosides.

Packaging unit: 300g can
Flavor: Orange, Fruit Punch