



Powerfood One Pre-Pump 600g can



Enjoy an active lifestyle! Pre-Pump is a particularly effective pump and muscle building supplement and is considered the innovation par excellence in the field of pre-workout energy boosters. Pre-Pump provides the most important nutrients and Nitric Oxide factors for before and during training.

CHF 42.90

The effect of L-arginine and L-citrulline consist mainly in their vasodilating function. The natural protein building block L-arginine contains the most nitrogen of all proteinogenic amino acids, which our body uses to form nitric oxide (NO). The NO reaches the muscle layer of the vessels, where it unfolds its vasodilating effect. The blood circulation of the cardiovascular system and the muscles is promoted. This ensures better nutrient and oxygen transport, improves fat burning and, due to the presence of the two amino acids, optimizes muscle protein synthesis.

Mixed with 300 ml of water to a shake before training, the Pre-Pump quickly unfolds its full effect and not only favors the performance and stamina, but also enables a better pump. For more power and energy during training, Pre-Pump is the perfect dietary supplement that becomes an ideal pre-workout shake thanks to the good solubility of the powder. A higher performance as well as a more effective muscle building are favored when taken regularly before training, which is why the powder is essential especially in bodybuilding and weight training!

RECOMMENDATION FOR CONSUMPTION

Dissolve 30g of powder (equivalent to one level scoop of 43ml) in 300ml of water and drink.

INGREDIENTS

Orange: dextrose, maltodextrin, natural flavor, creatine monohydrate, L-arginine hydrochloride, magnesium salts of citric acid, calcium salts of citric acid, L-leucine, L-glutamine, L-citrulline, -DL-malate, L-isoleucine, L-valine, L-tyrosine, taurine, acidifiers: Citric acid and DL-malic acid, green tea extract, (Camellia sinensis L., contains 55% epigallocatechin gallate), caffeine, L-ascorbic acid, nicotinamide, color: beta-carotene zinc gluconate, DL-alpha-tocopheryl acetate, sweetener: sucralose, menaquinone-4, calcium D-pantothenate, cyanocobalamin, cholecalciferol, pyridoxine hydrochloride, thiamine hydrochloride, riboflavone, pteroylmonoglutamic acid. D-Biotin



Grapefruit: dextrose, maltodextrin, creatine monohydrate, L-arginine hydrochloride, magnesium salts of citric acid, calcium salts of citric acid, L-leucine, L-glutamine, natural arome, L-citrulline DL-malate, L-isoleucine, L-valine, natural grapefruit flavor, L-tyrosine, taurine, acidulants: Citric acid, beet powder (Beta vulgaris), acidifier: DL-malic acid, green tea extract, (Camellia sinensis L., contains 55% epigallocatechin gallate), caffeine, L-ascorbic acid, nicotinamide, color: beta-carotene, zinc gluconate, DL-alpha-tocopheryl acetate, sweeteners: Sucralose, Menaquinone-4, Calcium-D-pantothenate, Cyanocobalamin, Cholecalciferol, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Pteroylmonoglutamic Acid, D-Biotin

Packaging unit: 600g can
Flavor: Orange, Grapefruit