



## Set offer - Hoist Fitness training bench HF-5165 and squat rack HF-5970 with 135kg rubberized barbell set



**Set offer** - Hoist Fitness training bench HF-5165 and Hoist Fitness squat rack HF-5970 with two safety racks and 135kg barbell set with rubberized plates.

**CHF 1'999.00**

The HF-5165 strength training bench from HOIST Fitness with 7 adjustable back pad positions from -20° to 80° is suitable for incline, flat and negative bench exercises with 3 adjustable seat positions from 0° to 20° in 10° increments to adapt to different user sizes. The adjustable universal bench has thermoplastic polyurethane covers for the back pad adjustment to reduce wear and tear. Integrated handle and wheels provide tilt and roll function for easy storage. Adjustable footrests provide leg support for this professional 7-position weight bench from HOIST Fitness.

### **Features Hoist Fitness training bench HF-5165:**

- 7 adjustable angle positions from -20° to 80° for incline, decline and decline exercises
- 3 adjustable seat positions from 0-20° in 10° increments for optimum adjustment to the user's height
- Integrated handle and transport wheels for easy movement of the training bench
- Non-metallic foot covers to protect the floor
- Length of the backrest cushion 76cm
- Height-adjustable footrest to relieve pressure on the legs
- Thermoplastic polyurethane covers for backrest cushion adjustment to reduce wear and tear
- Design: frame color in platinum, upholstery color in black

Use: Home to light institutional use, maximum payload training weight 272.2kg

Equipment dimensions: L166 x W64 x H119cm, weight 35kg

Options: Leg section, bicep section, storage rack for leg/bicep section

Frame colors: Platinum



Upholstery colors: black

Warranty: 2 years on labor and spare parts (excluding consumables such as pads, ropes )

**Equipment Hoist Fitness Squat Rack HF-5970 including safety racks HF-OPT-5000-04:**

- Rack design with 7° incline for natural lifting behavior
- 8 dumbbell rack options
- External dimensions of the dumbbell rack 120cm
- **2 adjustable safety racks (HF-OPT-5000-04) are included in the scope of delivery**
  - height-adjustable safety racks provide an additional level of safety for free weight training. The TPU layer prevents the bar from scratching these rackout levels
- Integrated pull-up bar
- Extremely robust frame construction with high stability
- 2 disc supports (50 mm) for storing the weight discs
- bar supports with polyurethane covers - eliminates noise and protects the bar and equipment
- bar storage (50mm) in the rear area so that it does not interfere with the movement/running area
- modern frame with oval tubes
- non-metallic foot covers to protect the floor
- Weight plates and bars not included in the scope of delivery

Use: home to light institutional use, load capacity: approx. 300kg

Accessories: 2 safety racks

Options: Training bench, barbell bar, weight plates

Equipment dimensions: L137 x W178 x H207cm, weight 60kg

Warranty: 2 years on labor and spare parts (excluding consumables)

**Olympia barbell set with 135kg total weight**

- with 51mm hole diameter
- black plates
- rubberized plates
- all plates with recessed handles for easy handling
- the LH bar can be loaded up to 270kg
- LH bar with ball bearings

**Set consisting of (disc type Body Solid ORTK):**

4 x 1.25kg discs

4 x 2.5kg discs

2 x 5kg discs

2 x 10kg discs

2 x 15kg discs

2 x 20kg discs

1 x barbell bar 220cm (20kg), 50mm

2 x angled spring locks