



## Schwinn 510E Compact elliptical trainer



With an assembled length of 136cm, the Schwinn elliptical trainer 510E is around 40% smaller than conventional elliptical trainers and is therefore a space-saving alternative for households with a small training area. The comfortable 45.7 cm stride length and ergonomic leg position enable a natural running motion that is easy on the joints. With the Schwinn elliptical trainer 510E, training can be varied with 13 training programs.

**CHF 899.00**

### Equipment:

- electronically controlled magnetic brake system (motor-controlled)
- Flywheel mass approx. 9kg
- stride length 45.7cm
- Pedal distance (Q-factor): 12cm - The **Q-factor** describes the pedal distance. While the distance between the feet when walking is 120 - 150 mm, this is less when running and is 80 - 100 mm. A low Q-factor offers advantageous ergonomics for running training on the elliptical trainer
- Training computer with LCD window
- Console display of revolutions/min, calories, time, distance, resistance, heart rate, watts
- 16 electronically adjustable resistance levels
- Load regulation: speed-dependent
- 11 training programs
- 1 user-defined training program
- 1 pulse-controlled program - pulse-controlled training to improve performance
- compatible with "Explore the World" app - 19 locations with 27 routes together with friends
- telemetric heart rate measurement (integrated heart rate receiver - Bluetooth transmitter belt optionally available)
- Hand pulse sensors on the fixed handlebars
- forward and backward motion sequence for different muscle strain
- Ergonomic handlebars for upper body training
- non-slip treads with profile
- transport rollers
- power supply via adapter



- water bottle holder
- Tablet holder

Use: home use, payload: approx. 136kg

Device dimensions: L136.7 x W61 x H159cm, weight 45kg

Accessories: integrated receiver for Bluetooth chest strap transmitter, hand pulse sensors

Options: Heart rate transmitter belt

Warranty: 1 year full warranty, 2 years on labor and spare parts

Brake system: electronically controlled magnetic brake system

Flywheel: 9 kg

Current-dependent: Yes

Gradient: No

Resistance levels: 16

Training programs: 11

Pulse-controlled programs: 1

User-defined programs: 1

Hand pulse sensors: Yes

Pulse receiver: Bluetooth

Multimedia: Bluetooth interface, USB port, entertainment APP's, water bottle holder, tablet holder.

Foldable: No

Accessories: integrated receiver for chest strap transmitter

Options: Transmitting belt

Folding dimensions (length / width / height): No

Payload: 136 kg

Insert: Home