



Powerfood One BCAA Super Caps 240 capsules



Powerfood One's BCAA Super Caps contain a potent blend of branched-chain amino acids - the building blocks that can build muscle mass and size. BCAAs are metabolized directly in the muscle and in this way improve nitrogen storage by sparing other groups of amino acids for repair and rebuilding.

CHF 34.90

INGREDIENTS

44% L-Leucine, 22% L-Isoleucine, 22% L-Valine Coating agent: hydroxypropylmethylcellulose (vegetable capsule shell).

RECOMMENDATION FOR CONSUMPTION

Consume 4 capsules with plenty of liquid (300 ml) preferably before and after a muscle workout. On days without training, take 4 capsules with plenty of liquid (300 ml) in the morning after getting up and in the evening before going to bed. Do not exceed the recommended daily intake.

Packaging unit: 240 capsules

Flavor: neutral