



## Powerfood One Omega 3 Sport 120 capsules



Enjoy an active lifestyle - upgrade your body! The Omega 3 Sport Caps from PowerFood One are high-dose fish oil soft capsules with valuable omega-3 fatty acids. These are among the most important nutrients for health and well-being. Omega-3 fatty acids belong to the polyunsaturated fatty acids and are essential. This means you must get them from food, as the body cannot produce them on its own. Supplementation is highly recommended for every health-conscious and active person.

**CHF 28.90**

### Highlights

- Highly dosed omega-3 fatty acids
- Ideal for athletes
- Daily dose (1 capsule contains 500mg EPA + 250mg DHA)
- EPA and DHA contribute to normal heart function
- DHA contributes to the maintenance of normal brain function
- DHA contributes to the maintenance of normal vision

### INGREDIENTS

Fish oil, gelatin, humectant glycerin.

### ALLERGENS

May contain traces of gluten, crustaceans, eggs, fish, milk, nuts, lupine and soy.

### RECOMMENDED DOSAGE

Swallow 1 capsule daily with plenty of liquid, ideally with a meal.

Packaging unit: 120 capsules

Flavor: neutral

**The Shark  
Fitness Company**



**Shark Fitness AG**  
Stores in Wettingen (ZH)  
and Wil (SG)

056 427 02 25  
[info@sharkfitness.ch](mailto:info@sharkfitness.ch)  
[www.sharkfitness.ch](http://www.sharkfitness.ch)