



Add dips and other bodyweight dipping exercises to the training spectrum of the HELIX Rack by Jordan Fitness with the HELIX Dipping Bar attachment.

CHF 169.00

- maximum payload 100kg
- handle diameter 48mm thewidth of 48mm provides a nice wide grip for more comfortable immersion
- easy height adjustment by pin
- dimensions: L94 x W68 x H22cm
- weight: 11kg
- Scope of delivery 1 piece
- Finish: black