



Helix Rack Option - Multi Handle Attachment (JF-MH)



With the HELIX multi-grip attachments, the training variety on a HELIX rack can be significantly increased. Ideal for pull-ups, triceps dips and many other push-pull workouts.

CHF 49.00

- maximum payload 150kg
- handle diameter 30mm
- dimensions: L30 x W29 x H6cm
- weight: 5kg
- Scope of delivery 1 pair