



Set Offer - BodyCraft Elite Gym V5 Multistation with Circle Fitness B8 Ergometer



SET-OFFER - the home gym set for strength and cardio training with BodyCraft Multistation Elite V5 and Circle Fitness ergometer B8

The design of the **Multistation BodyCraft Elite** was comprehensively thought through - the aim was to combine the advantages traditionally offered only by training with free weights with the simplicity and safety of a home gym. It has succeeded! Hundreds of available exercises, from traditional strength training to functional training, core training to sport-specific and rehabilitation exercises are possible on the BodyCraft Multistation Elite. The optional leg press/calf press adds an intensive lower body workout to the strength station. With the exclusive A.B.S. Active Balance System, the BodyCraft Multistation Elite also offers a free-weight training feel combined with the safety of a workout station and impresses with quality and design - with the Active Balance System™, simply activate the pin for traditional guided style bench press or pull the pin for free-weight style bench press. When the overhead pin is engaged, the press arm is fixed guided like all other multistations. When the pin is pulled, the press arm is allowed to rotate just enough for the user to balance the press arm, just like a barbell. The Active Balance System provides symmetry and all the benefits of a barbell, but the safety of a machine!

The **B8 LED Ergometer from Circle Fitness** was designed for home use to continuous commercial use in gyms, hotels, corporate fitness or physical therapy. The redesigned model of the Circle B8 LED ergometer provides a smooth, quiet ride. Easily adjustable seats



and a racing-inspired handlebar provide for a comfortable and fun riding experience. The resistance design has been electrically retuned for more precise movement and more comfortable use. Circle Fitness equipment features durable construction, a sleek design and state-of-the-art technology.

CHF 5'490.00

Equipment BodyCraft Multistation V5:

- Bench press lever with angle of motion adjustment for push and pull exercises (bench press, incline bench press, shoulder press or rowing)
- seated leg extension and leg flexor
- upper and middle pulley for a variety of upper body exercises like lat pulldown, triceps or ab crunch
- patented, 11-position adjustable butterfly arms make the BodyCraft Elite an innovative cable pulley station that allows for sport-specific exercises or exercises for rehabilitation training
- lower cable pulley with sliding footplate for a variety of exercises for abduction, adduction, hips, glutes, calves, biceps, back (rowing)
- Bench press lever with switchable A.B.S. - Active Balance System offers a workout feeling like free weight training combined with the safety of a training station. The user must balance the bench press lever during push and pull exercises. This results in muscular symmetry and involves the stabilization muscles, important for everyday activities and sports.
- resistance doubling for bench press levers with up to 180kg resistance through simple reversal by means of Quick Hook system (1:2 ratio)
- ergonomically shaped and easily adjustable backrest for individual adjustment for chest and shoulder training
- easy seat height adjustment by Easy-Grip-System with hydraulic support
- acrylic castor cover(**color: satin ice**)
- 1 user
- space saving design
- weight block 90kg
- protective cover for weight magazine
- option: leg press

Use: home use, payload: approx. 160kg

Equipment dimensions: L175 (with leg press L175) x W159 (with leg press B215) x H210cm, training dimensions: L230 x W220 (with leg press 230 x 250cm), weight 180kg

Accessories: lat pull bar, triceps grip, abdominal pull part, 2 hand straps, foot strap, training DVD



Options: Leg press with up to 180kg resistance (ratio 2:1)

Warranty: 3 years on labor and spare parts (excludes consumables, transportation and installation)

Equipment Circle Fitness B8 LED ergometer:

- Generator system (mains-independent drive)
- Training computer with LED display (6 LED + 8x32 DOT matrix) with display for watts, time, distance, calories burned, resistance (level), cadence, speed, heart rate, profile, METs
- Programs: Manual, Target, Rolling, Valley, Interval, Fat Burn, Ramp, Strength, Random, Constant Watt, 4 HRC (heart rate controlled)
- Quick Start function
- Direct selection buttons
- Quick Shift buttons for resistance adjustment on the side handles by the handlebars
- 25 resistance levels
- Maximum Watt @ 120RPM: 400W
- Minimum Watt @ 60RPM: 40W
- Minimum RPM: 30
- Q-factor (pedal spacing): 20cm (ESQF) - Q-factor describes pedal spacing
- integrated reading and tablet holder in the console
- solid steel frame construction for highest stability
- high quality powder coating for long lasting good appearance and easy cleaning
- soft-grip handles for easy cleaning and long durability
- ergonomic saddle for optimal seating comfort and additional support
- 12-position quick seat height adjustment with easy seat adjustment
- ergonomic multi-position handlebar with elbow rests
- 4-position hand pulse sensors on the handlebar grip
- Polar compatible
- front transport wheels
- height adjustment
- self-righting pedals
- Easy-Strap pedal straps for one-hand adjustment
- bottle holder
- USB port
- manual in english
- Color: Jet black

Indicative price BodyCraft Multistation Elite V5 with Circle Fitness B8 LED Ergometer: CHF 6'280.--

Use: home use to commercial continuous use, payload: approx. 180kg

Equipment dimensions: L113 x W69 x H147cm, weight 67,5kg

Accessories: integrated receiver for chest strap transmitter, hand pulse sensors, bottle holder

Option: transmitter belt, floor mat

Warranty: home use: 1 year full warranty, 2 years on labor and spare parts (excluding consumables), light institutional use: 1 year full warranty (excluding consumables), commercial use: 1 year warranty on labor and spare parts (excluding consumables)

**The Shark
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