



Cable pulley for Hoist Fitness V4 Elite Gym (HV-HILO)



The Hoist Fitness cable pulley is available as an option for the Elite V4 Premium Multistation. With 35 different starting positions, the cable pulley allows the user to perform any number of exercises with a high, medium or low training position. The easily adjustable pulley swivels 180 degrees, increasing both the range and variety of exercise options. The Hoist Fitness cable pulley not only enables sport-specific training exercises but can also be used for rehabilitation purposes.

CHF 999.00

Equipment:

- 35 height-adjustable roller positions allow a wide range of lower and upper body exercises
- the unique integrated adjustment system enables quick, gentle one-handed adjustment
- 180° range of motion of the pivoting pull element
- 45kg of total resistance (2:1 ratio) enables explosive strength exercises and longer cable travel
- compatible with Hoist Fitness Elite V4 Multistation

Use: Home to light institutional use, payload 136kg

Equipment dimensions: L56 x W100 x H213cm, weight 45kg

Elite V4 equipment dimensions with cable pull: L205 x W157 x H212cm, weight 305kg

Frame colors: Platinum

Warranty: Home: 3 years on labor and parts; light institutional use: 1 year on labor and parts (excluding consumables)

The Hoist Strength Training APP

APP FEATURES

- Hundreds of exercise photos and videos with detailed exercise instructions
- Exercise categorization (by muscle group)

BODY METRIC TRACKING



- Track your body weight, measurements and body progress. Export training history.

TRAINING ROUTINES

- Routines specifically tailored to your fitness ability (beginner, intermediate, advanced)
- Try our quick full body workout on the go
- Specialized routines for your gym
- Create your own workout routines with included exercises