



Life Fitness C1 Track Connect 2.0 Ergometer



Now with the new Track Connect 2.0 console - experience Life Fitness. The C1 Lifecycle seated ergometer is the epitome of the research and innovation that has made Lifecycle ergometers the number one choice in gyms around the world. It is incredibly practical, quiet and smooth-running, making it the perfect introduction to the world of the famous Lifecycle seated ergometers. Combine the C1 with the Track Connect console with control and entertainment features to keep you motivated and more customization options to help you reach your fitness goals.

CHF 1'690.00

The Track Connect 2.0 console supports:

- the latest Bluetooth standards
- features the FTMS protocol with the new GEM 3 chips - the FiTness Machine Service Protocol, better known as FTMS, is the latest Bluetooth standard for controlling fitness equipment such as treadmills, bikes and rowing machines. The Track Connect 2.0 console now supports this FTMS protocol
- together with the integrated Apple Gym Kit, it is not only compatible with Samsung & Apple smart watches, but also with numerous apps such as Kinomap, Zwift, LFconnect and many other apps that use the FTMS protocol
- Apple Gym Kit - with the integrated Apple Gym Kit you can easily and effortlessly connect an Apple Watch to the console. Simply touch the "Connect to Apple Watch" icon at the top right of the watch to connect and track your workouts.

Features:

- Eddy current resistance system
- LCD window (10.2cm x 15.2cm) with blue background and white font with display of calories, distance, speed (mph/km/h), level, time, heart rate, target heart rate, METs
- with iPhone and Android registration via Bluetooth - if you activate Bluetooth on your mobile device, you can transfer the training data to an ever-increasing number of partner apps. Synchronize data with Nike, Garmin and MyFitnessPal via Wahoo's RunFit app or enable Nearby



Login on the LF Connect app to synchronize data with Apple Health, Jawbone and Fitbit. You can also connect the device to interactive apps such as RunSocial to experience immersive workouts.

- Workout profile window: 9 x 24 segments
- Training feedback window: message field with 16 characters
- Quick Start button for a quick start to training
- Programs: Manual, Hill, Random, EZ Resistance, Sport Training, Fat Burning, Cardio, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate, Calorie Target, Distance Target, Heart Rate Target, Customized Workouts (1 per user profile), Race Mode
- 4 user profiles
- Language settings: German, English, French, Spanish and Russian
- 20 difficulty levels
- Race mode
- Cool down mode
- Warm up mode
- Ergonomic racing-style grips
- standard upright seat
- 14 seat settings
- contact heart rate measurement (hand pulse sensors) on the grips
- self-balancing standard pedals with clip-in straps
- Power supply via mains connection
- iPod compatibility: iPhone 4, iPhone 3GS, iPhone 3G, iPhone: iPod Touch 4th, 3rd, 2nd and 1st generation: iPod Classic, iPod with video: iPod Nano 6th, 5th, 4th and 3rd generation
- Life Fitness virtual access: Create your own training programs and track your results at www.virtualtrainer.lifefitness.com Connection to the console via USB or app

Use: home use, payload: approx. 135kg

Equipment dimensions: L114 x W69 x H142cm, weight 47kg

Accessories: integrated receiver for chest strap transmitter, pulse transmitter belt, hand pulse sensors, cup holder

Warranty: 1 year on labor and spare parts